

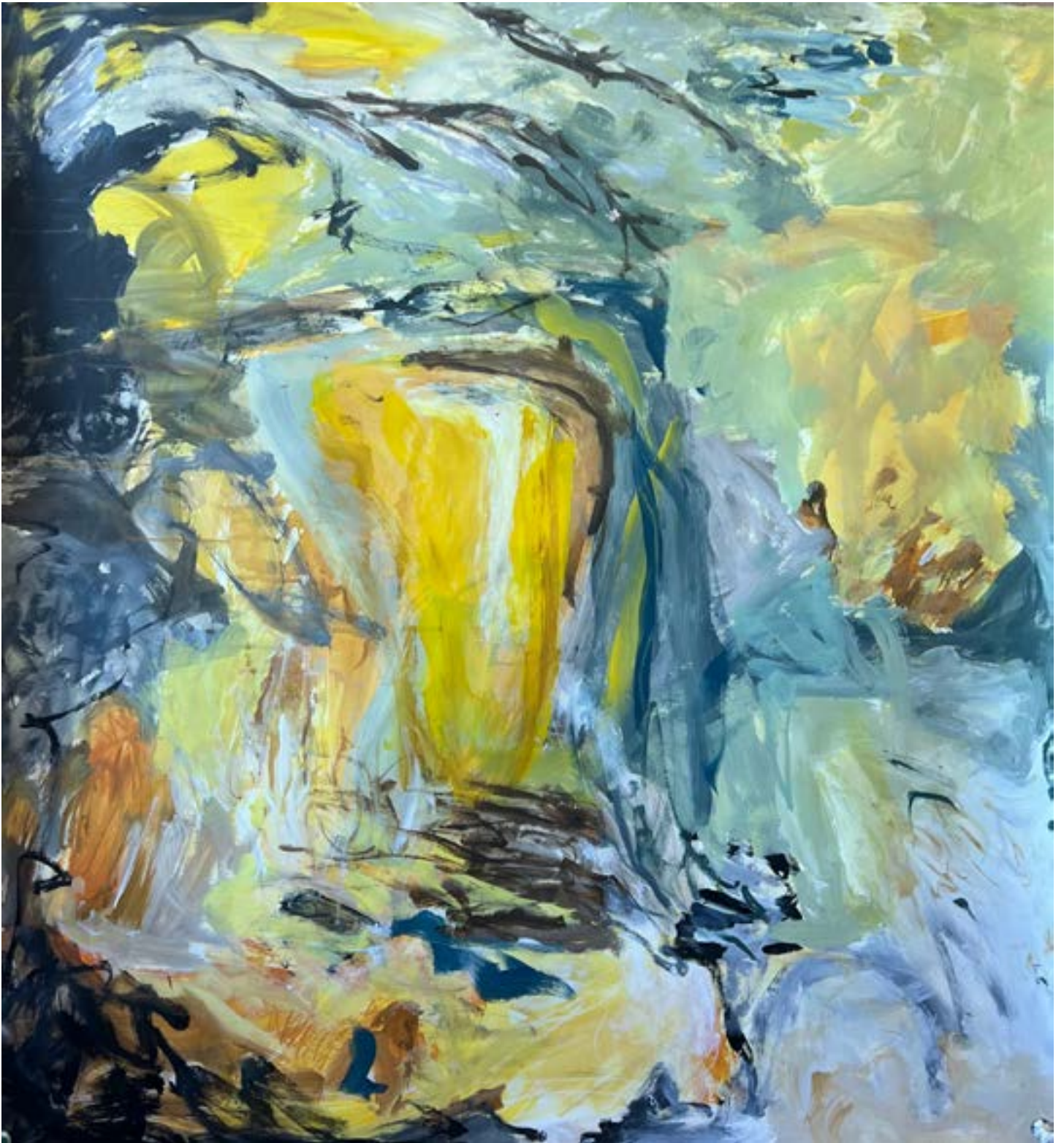


**Julie Tierney is a large-scale abstract artist living in Sonoma, Calif.** Her work draws on her ability to influence emotion. Julie has lived and worked extensively in the Bay Area, Chicago, New York and Tokyo. Her work reflects the inspiration she gained from these vibrant city landscapes.

Her work as a psychotherapist also informs her work, as she dives into the ways emotions traverse our human landscape. She finds solace and energy in painting the emotions she feels, and is drawn to large-scale painting because of its ability to carry the enormity of the feelings she moves through in her expressions.

Julie's primary focus is to explore the boldness of color with delicate, conscious intention. Each painting is a collection of feelings, places, and memories. She has begun hosting interactive art shows to bring this innovative interpretation to people in a setting where they can feel the connection between art and emotion.

Learn more at [julietierney.com](http://julietierney.com)



Swimming in Aspens | 48" by 52" | Acrylic Mixed Media on Paper Mounted on Pine





Illumination of the Soul | 51" x 51" | Acrylic Mixed Media on Paper Mounted on Pine

*In Private Collection*



Orange You Glad | Watercolor and Marker on Paper | 11" x 15" | 2023





Immersed in the Nile 1, 2 & 3  
| Oil on Paper  
18" x 24" | 2021



Rebellion | Oil on Wood Panel | 40" x 40" | 2017



Lead Me Home | 48" x 52" | Mixed Media on Canvas | 2023





Depth Calling | 40" x 40" | Oil on Canvas | 2023





Awakened Heart | Flashe and Acrylic on Canvas | 50" by 56" | 2021





Come together | 52" by 52" | Oil on Canvas





Terang | 22" x 30" | Acrylic on Paper





Nature Spirit | 22" x 30" | Acrylic on Paper





Roaming in Coral | Oil on Canvas | 48" by 52" | 2022

*In private collection*

## Artist Statement



I was born and raised in San Francisco during the 1980's, a time marked by the creative misfits and fearless graffiti artists that inhabited the city. My family moved temporarily to Japan in the 1990's where we visited shrines and temples where I developed a deep appreciation and enthrallment for the art of calligraphy from witnessing artists at work. I later relocated to Chicago where my creative side was activated by working with master painters and soaking in as much knowledge as I could. More recently, I returned home to the bay area and now work in my barn studio in Sonoma California located on acres of land owned by a retired zookeeper. The property is densely filled with tropical plants, colorful flowers, a lily pond, and vegetable gardens galore.

I am a painter and my current work includes large-scale abstract paintings on canvas and smaller studies on paper. My hands, large paintbrushes, Japanese calligraphy brushes, tree branches, mops, my dog's paw, the bottom of my shoes, house paint rollers, palette knife, rubber wedges, and rags are just a few of my favorite tools. I work with oil sticks, high-flow acrylic paint, house paint, graphite, water-based crayon, flashe (liquid vinyl), and ink. Each of my paintings begins by mixing colors, activating the canvas with smaller transparent marks, and using water to move the colors around the canvas.

As I continue, my working process is determined by each piece and the steps I take are often instinctual and intuitive. After each mark is made, I step back and contemplate where the painting would like me to go next. I am engaged in a back-and-forth dance of activation and contemplation. I work on several pieces at a time, often moving very quickly and using athletic movements to create marks. The California landscape that I experience, when hiking in the rustic farm country and driving by the Pacific coastline, often appears in the colors, shapes, and light in my work.

For me, art making is the barometer that measures how connected I am to the truest essence of myself. Each composition tells the story of returning home to oneself and lends permission to emerge into the light. I use my body as a vessel to create lines, shapes, and marks of all kinds and I allow myself to break through blocked energy/generational trauma to return to my most authentic self which is playful, joyous, honest, confident, and bold. This process allows the truth to replace the darkness.

My invitation to the viewer is to go within, examine the disjointed places inside, and emerge on the other side and bathe in the glory of their lightness, confidence, and truth. My ultimate goal as a painter is to contribute to the awakening of humanity by allowing the viewer to have a sacred moment to slow down and be with the depth of their feelings. I believe that much of our current turmoil can be lessened by slowing down and honoring our feelings so that we can proceed with a gentler awareness.

